RETURNED OR REPLACED IF THE CORRECT SIZE HAS NOT BEEN ORDERED.

## ALL SIZES ARE IN INCHES

MEN'S (Please see Pro Cycling and Pro Triathlon sizing in the Unisex section below)
(For Athletics Vests please refer to the vest specific size chart below)

|  | XS | $\mathbf{S}$ | $\mathbf{M}$ | $\mathbf{L}$ | XL | 2XL | 3XL |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Chest | 34 | 36 | 38 | 40 | 42 | 44 | 46 |
| Centre Back (Nape of the Neck to the base of the Spine in a riding <br> position) | 26 | 27 | 28 | 29 | 29 | 29 | 29 |
| Long Sleeve (Armpit to Wrist) | 19 | 20 | 21 | 22 | 22 | 22 | 22 |
| Waist | 28 | 30 | 32 | 34 | 36 | 38 | 40 |
| Shorts (Inside Leg) | 7 | 8 | 9 | 10 | 10 | 10 | 10 |
| Tights/Bibtights (Inside Leg) | 28 | 30 | 31 | 32 | 33 | 33 | 33 |

WOMEN'S (Please see Pro Cycling and Pro Triathlon sizing in the Unisex section below)
(For Athletics Vests please refer to the vest specific size chart below)

|  | 2XS/6 | XS/8 | $\mathbf{S / 1 0}$ | M/12 | L/14 | XL/16 | 2XL/18 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Chest | 28 | 30 | 32 | 34 | 36 | 38 | 40 |
| Centre Back (Nape of the Neck to the base of the Spine in a riding <br> position) | 25 | 25 | 26 | 26 | 27 | 27 | 28 |
| Long Sleeve (Armpit to Wrist) | 18 | 18 | 19 | 19 | 20 | 20 | 20 |
| Waist | 22 | 23 | 24 | 26 | 28 | 30 | 32 |
| Shorts (Inside Leg) | 7 | 7 | 7 | 8 | 8 | 9 | 9 |
| Tights/Bibtights (Inside Leg) | 26 | 26 | 28 | 28 | 30 | 31 | 32 |

CHILDRENS
(For Athletics Vests please refer to the vest specific size chart below)

| Size Labeled | $\mathbf{2 4}$ | $\mathbf{2 6}$ | $\mathbf{2 8}$ | $\mathbf{3 X S}$ | $\mathbf{2 X S}$ | XS |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| To Fit Approximate Ages | $\mathbf{5 - 6}$ | $\mathbf{6 - 7}$ | $\mathbf{8 - 9}$ | $\mathbf{9 - 1 0}$ | $\mathbf{1 1 - 1 2}$ | $\mathbf{1 2 - 1 3}$ |
| Chest | 24 | 26 | 28 | 30 | 2 | 34 |
| Centre Back (Nape of the Neck to the base of the Spine in a riding <br> position) | 18 | 20 | 21 | 22 | 25 | 26 |
| Long Sleeve (Armpit to Wrist) | 13 | 15 | 16 | 17 | 18 | 19 |
| Waist | 23 | 24 | 25 | 26 | 27 | 28 |
| Shorts (Inside Leg) | 6 | 6.5 | 6.5 | 7 | 7 | 7 |

UNISEX (Including Pro Tri and Pro Cycling Ranges)

| Size Labeled | $\mathbf{4 X S}$ | $\mathbf{3 X S}$ | $\mathbf{2 X S}$ | $\mathbf{X S}$ | $\mathbf{S}$ | $\mathbf{M}$ | $\mathbf{L}$ | $\mathbf{X L}$ | $\mathbf{2 X L}$ |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Chest | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 |
| Centre Back (Nape of the Neck to the base of <br> the Spine in a ridinq position) | 25 | 25 | 26 | 26 | 27 | 28 | 29 | 29 | 29 |
| Waist | 22 | 23 | 24 | $26 / 28$ | $28 / 30$ | $30 / 32$ | 34 | 36 | 38 |
| Shorts (Inside Leg) | 7 | 7 | 7 | 7 | 8 | 9 | 10 | 10 | 10 |

ARMWARMERS

| Length measured <br> from wrist to the <br> widest point of <br> the upper arm |  | Approximate <br> circumference <br> of Upper Arm |
| :---: | :---: | :---: |
| $\mathbf{2 X S}$ | $17^{\prime \prime}$ | $9.5^{\prime \prime}$ |
| $\mathbf{X S}$ | $17.5^{\prime \prime}$ | $10^{\prime \prime}$ |
| $\mathbf{S}$ | $18^{\prime \prime}$ | $10.5^{\prime \prime}$ |
| $\mathbf{M}$ | $19^{\prime \prime}$ | $11.5^{\prime \prime}$ |
| $\mathbf{L}$ | $19.5^{\prime \prime}$ | $12.5^{\prime \prime}$ |
| $\mathbf{X L}$ | $19.5^{\prime \prime}$ | $13.5^{\prime \prime}$ |
| $\mathbf{2 X L}$ | $19.5^{\prime \prime}$ | $14.5^{\prime \prime}$ |

## LEGWARMERS

| Length measured <br> from ankle to the <br> widest point of <br> the thigh | Approximate <br> circumference of <br> leg at widest <br> point |  |
| :---: | :---: | :---: |
| $\mathbf{2 X S}$ | $22.5^{\prime \prime}$ | $17^{\prime \prime}-18^{\prime \prime}$ |
| $\mathbf{X S}$ | $24^{\prime \prime}$ | $19^{\prime \prime}-20^{\prime \prime}$ |
| $\mathbf{S}$ | $25^{\prime \prime}$ | $20.5^{\prime \prime}-21.5^{\prime \prime}$ |
| $\mathbf{M}$ | $26^{\prime \prime}$ | $21.5^{\prime \prime}-22.5^{\prime \prime}$ |
| $\mathbf{L}$ | $27^{\prime \prime}$ | $23^{\prime \prime}-24^{\prime \prime}$ |
| $\mathbf{X L}$ | $28^{\prime \prime}$ | $24^{\prime \prime}-25$ |
| $\mathbf{2 X L}$ | $28^{\prime \prime}$ | $25^{\prime \prime}-26^{\prime \prime}$ |

## OVERSHOES

| Sizes in UK Shoe <br> Sizes |
| :---: |
| Small - 3 to 7 |
| Med/Large - 8 to 11 |
| XL -12 to 14 |

## MEN'S ATHLETICS VESTS

|  | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Chest | 34 | 34-36 | 38-40 | 42-44 | 44-46 | 46-48 | 48-50 | 50-52 | 52-54 |

## WOMEN'S ATHLETICS VESTS

|  | $\mathbf{6}$ | $\mathbf{8}$ | $\mathbf{1 0}$ | $\mathbf{1 2}$ | $\mathbf{1 4}$ | $\mathbf{1 6}$ | $\mathbf{1 8}$ |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Chest | 28 | 30 | 32 | 34 | 36 | 38 | 40 |

CHILDRENS ATHLETICS VESTS

| Size Labeled | $\mathbf{2 4}$ | $\mathbf{2 6}$ | $\mathbf{2 8}$ | $\mathbf{3 X S}$ | $\mathbf{2 X S}$ | XS |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| To Fit Approximate Ages | $\mathbf{5 - 6}$ | $\mathbf{6 - 7}$ | $\mathbf{8 - 9}$ | $\mathbf{9 - 1 0}$ | $\mathbf{1 1 - 1 2}$ | $\mathbf{1 2 - 1 3}$ |
| Chest | 24 | 26 | 28 | 30 | 32 | 34 |

